

Shattuck Track Athletes,

I hope you are doing well and are excited for the upcoming track season. I just wanted to provide information for the 2024 track season.

Please use this [link](#) to sign up to participate in track.

***The first practice will be April 8 at 3:15pm. Please meet in the Fieldhouse.**

*Please make sure you have the necessary completed forms turned into the office so that you are ready to start practice in April.

Here is a list of the forms that each athlete that needs to be handed into the office before the FIRST PRACTICE:

1-Proof of physical and/or alternate year card

2-Permission to participate in school activities form

3-Insurance Waiver

4-Concussion acknowledgement

5-Emergency Card

6-Participation fee

*Each athlete should bring with him/her to practice the following items in a backpack or duffle bag:

-Tennis shoes

-Gear to work out in-Sweatshirt, sweatpants, shorts, t-shirt, winter hat, etc.

-Your Own Water Bottle

-Snack

-Hand Sanitizer

*Each athlete should bring their own bag to each practice and meet.

*Each athlete will be given a tank top uniform for the meets and they must have a pair of black shorts to wear with the top for meets.

**Neenah Middle School Track
7th & 8th Grade
2024 Practice Schedule**

***THIS SCHEDULE MAY CHANGE so please check on a regular basis with your athlete.**

SCHEDULE-BOYS & GIRLS TRACK-2024

BOYS & GIRLS	TRACK		2024	
Date	Team		Time	Place
Mon., April 8	Boys & Girls	PRACTICE	3:30-5pm	REF
Tues., April 9	Boys & Girls	PRACTICE	3:30-5pm	REF
Wed., April 10	Boys & Girls	PRACTICE	3:30-5pm	REF
Thurs., April 11	Boys & Girls	PRACTICE	3:30-5pm	REF
Fri., April 12	Boys & Girls	PRACTICE	3:30-4:30pm	REF
Mon., April 15	Boys & Girls	MEET	3:30-6:00pm	HOME
Tues., April 16	Boys & Girls	PRACTICE	3:30-5pm	
Wed., April 17	Boys & Girls	MEET	3:30-6:00pm	HOME
Thurs., April 18	Boys & Girls	PRACTICE	3:30-4:30pm	
Fri., April 19		NO PRACTICE	No Practice	
Mon., April 22	Boys & Girls	NO PRACTICE	No Practice	
Tues., April 23	Boys & Girls	PRACTICE	3:30-5pm	
Wed., April 24	Boys & Girls	MEET	3:15-6:00pm	HOME
Thurs., April 25	Boys & Girls	PRACTICE	3:30-4:30pm	
Fri., April 26	Boys & Girls	NO PRACTICE		
Mon., April 29	Boys & Girls	PRACTICE	3:30-5pm	
Tues., April 30	Boys & Girls	MEET	3:30-6:00pm	HOME
Wed., May 1	Boys & Girls	NO PRACTICE		
Thurs., May 2	Boys & Girls	PRACTICE	3:30-5:00pm	
Fri., May 3	Boys & Girls	NO PRACTICE		
Mon., May 6	Boys & Girls	PRACTICE	3:30-5pm	
Tues., May 7	Boys & Girls	PRACTICE	3:30-4:20pm	
Wed., May 8	Boys & Girls	MEET	3:15-6:10pm	HOME
Thurs., May 9	Boys & Girls	Practice	3:15-4:30pm	PICTURE DAY
Fri., May 10	Boys & Girls	NO PRACTICE		

Mon., May 13	Boys & Girls	PRACTICE	3:30-5pm	
Tues., May 14	Boys & Girls	PRACTICE	3:30-4:30pm	
Wed., May 15	Boys & Girls	MEET	3:15-6:10pm	HOME

2024-SHATTUCK TRACK MEET-SCHEDULE

Shattuck	Track	Schedule	2024	
DATE	OPPONENT	TEAMS	PLACE	TIME
Mon., April 15	Sabish	Boys & Girls	Neenah MS	3:45 PM
Wed., April 17	Woodworth	Boys & Girls	Neenah MS	3:45 PM
Wed., April 24	Menasha	Boys & Girls	Neenah MS	3:45 PM
Tues., April 30	Kaukauna	Boys & Girls	Neenah MS	3:45 PM
Wed., May 8	Theisen	Boys & Girls	Neenah MS	3:45 PM
Wed., May 15	Kimberly	Boys & Girls	Neenah MS	3:45 PM